Abstract: Did you know that a graduate student is more likely to experience issues related to their wellness and psychological well-being compared to the general population? Why is that the case, and how can we tackle this problem in academia? This will be the topic of this Friday CS700 seminar (tomorrow, October 11th). In an effort to identify, understand, and tackle the challenges facing our own students in the graduate CSI program at Emory University, we designed an anonymous survey on Graduate Student Wellness and received your answers. In tomorrow’s seminar we will discuss the overall patterns in your feedback as well as the general factors that contribute to grad school stress, and the effective strategies to cope with them.