# ADVANCES IN CARDIOVASCULAR IMAGING

# Fusion Modeling: Combining Clinical and Imaging Data to Advance Cardiac Care

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**ABSTRACT:** In addition to the traditional clinical risk factors, an increasing amount of imaging biomarkers have shown value for cardiovascular risk prediction. Clinical and imaging data are captured from a variety of data sources during multiple patient encounters and are often analyzed independently. Initial studies showed that fusion of both clinical and imaging features results in superior prognostic performance compared with traditional scores. There are different approaches to fusion modeling, combining multiple data resources to optimize predictions, each with its own advantages and disadvantages. However, manual extraction of clinical and imaging data is time and labor intensive and often not feasible in clinical practice. An automated approach for clinical and imaging data extraction is highly desirable. Convolutional neural networks and natural language processing can be utilized for the extraction of electronic medical record data, imaging studies, and free-text data. This review outlines the current status of cardiovascular risk prediction and fusion modeling; and in addition gives an overview of different artificial intelligence approaches to automatically extract data from images and electronic medical records for this purpose.

Key Words: artificial intelligence = big data = cardiac imaging techniques = heart disease risk factors = prognosis

Gardiovascular disease (CVD) is a major contributor to global mortality, representing 31% of all global deaths.<sup>1</sup> Traditional risk factors obtained from population-based studies are used to predict adverse cardiac outcomes such as the pooled cohort equations CVD risk calculator.<sup>2,3</sup>

Cardiac imaging may be seen as a bridge between upstream risk factors and CVD, as several cardiac imaging modalities are currently clinically well integrated for the evaluation of subclinical vascular and ventricular function. Echocardiography, cardiac nuclear imaging, coronary computed tomography (CT) angiography (CCTA), and cardiac magnetic resonance (CMR) imaging play an important role in CVD diagnosis and prognosis.<sup>4,5</sup> With the rise of artificial intelligence (AI), the role of cardiac imaging is being leveraged for several different applications, including data analysis, quantification, and prognostication.<sup>6</sup>

Clinical and imaging data are captured from numerous data sources during patient encounters and are often analyzed independently of each other. However, such models fail to exploit longitudinal and complementary information from different data streams. Overall, Al enables the development of models that combine multimodal data from large populations for the prediction of CVD outcomes. Initial studies, integrating both clinical and imaging features using an AI-based fusion approach, showed superior prognostic performance compared with traditional scores to predict major adverse cardiac events.78 Although the combination of multisource shows promising results, manual extraction of clinical and imaging data is time and labor intensive and not feasible in clinical practice. Different AI approaches can be utilized for the extraction of clinical data from electronic medical records (EMRs), imaging studies, and the identification of important factors from multimodal data.

Automated feature extraction makes fusion modeling clinically applicable. This review will discuss the current status of cardiovascular risk prediction, multimodality

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### **Nonstandard Abbreviations and Acronyms**

AI	artificial intelligence
CAC	coronary artery calcium
CAD	coronary artery disease
CCTA	coronary computed tomography
	angiography
CMR	cardiac magnetic resonance
СТ	computed tomography
CVD	cardiovascular disease
EMR	electronic medical records
HFpEF	heart failure with preserved ejection fraction
NLP	natural language processing

data fusion approaches, and their limitations. In addition, it gives an overview of automated AI-based extraction of data that can serve as input for fusion modeling.

# PROGNOSTICATION USING CLINICAL RISK FACTORS AND IMAGING BIOMARKERS

# **Clinical CVD Risk Factors**

The use of clinical risk factors for CVD risk prediction is a cornerstone of preventive cardiology. Hypertension, dyslipidemia, diabetes, smoking, and obesity are among the 5 strongest and most common modifiable risk factors.<sup>2,3</sup> Although traditional risk factors are associated with a higher incidence of CVD events, there is considerable heterogeneity among people who have elevated CVD risk factor burden.<sup>9,10</sup> Overall, such data suggest that traditional risk factors incompletely explain CVD risk and further support the concept of cardiac imaging to improve risk stratification.

### **Imaging-Based CVD Risk Factors**

There are several different imaging modalities for CVD risk stratification, including ultrasound, CT, CMR, and nuclear imaging. The Table summarizes the major fields of CVD imaging for each modality and the most relevant AI applications.<sup>6</sup>

### **Computed Tomography**

Cardiac CT has become widely utilized because of its nonuser dependence, reproducibility, and short acquisition time.<sup>11,12</sup> Noncontrast cardiac CT has emerged as a powerful technique because coronary artery calcium (CAC) is a direct measure of subclinical atherosclerosis burden, strongly associated with CVD risk,<sup>13</sup>predicting downstream mortality,<sup>14,15</sup> and can help identify those who are most likely to benefit from

Imaging modality	Important measures	Select clinical Al- based applications
Coronary calcium computed tomography	Coronary artery calcium	Improved workflow for traditional coronary artery calcium scoring
	Extracoronary artery calcium: thoracic, aortic, mitral valve	Automation of extracoronary artery calcium scoring
Cardiac computed tomography angiography	Calcified and noncalcified plaque	Integrating risk scores for high-risk plaque features
	Plaque characteristics: number of coronary segments with atherosclerosis; high-risk plaque features: napkin-ring sign, low attenuation plaque, and positive remodeling	
Echocardiography	Systolic function: ejection fraction	Deep-learning models for phenotyping diastolic dysfunction for early heart failure with preserved ejection fraction risk stratification
	Diastolic function: E/e, E/e', isovolumetric relaxation time, deceleration time, left atrial maximum volume index, peak tricuspid regurgitation velocity	
	Global longitudinal strain	
Cardiac magnetic resonance imaging	Delayed gadolinium enhancement	Scar assessment for postmyocardial infarction and sudden cardiac death risk stratification
	Cardiac function	Automated left ventricular function analysis
Nuclear imaging	Myocardial perfusion: coronary artery disease; microvascular disease	Automated perfusion quantification

Table. Integration of Common Cardiac Imaging Modalities and Artificial Intelligence Applications

Select clinical Al

pharmacotherapy. The most commonly used method for quantifying CAC was introduced by Agatston et al<sup>16</sup> (Figure 1A).

CCTA has been recently recommended by several societies and guidelines as a first-line diagnostic test for patients with suspected stable coronary artery disease (CAD).<sup>5,17</sup> Traditionally, CCTA (Figure 1B) is used to exclude CAD, having excellent negative predictive value. However, it also has been used to assess stenosis severity and guide follow-up examinations and treatment, as outlined in the Coronary Artery Disease-Reporting and Data System 2.0 classification.<sup>18</sup> Studies have shown that total plaque volume increases the accuracy of outcome prediction compared with stenosis classification alone.8,19-21 Noncalcified plaque volume might indicate more vulnerable plaque and, therefore, might be a more accurate biomarker compared with calcified plaque volume. However, these analyses are time and labor intensive, using AI allows for a standardized analysis in a time-efficient manner, making it more practical to use in clinical practice. Examples of



Figure 1. Coronary artery calcium acquisitions and coronary computed tomography angiography (CCTA) allow a direct measure of atherosclerosis and plaque vulnerability features strongly associated with cardiovascular disease risk.

**A**, Agatston calcium and Multi-Ethnic Study of Atherosclerosis score are a powerful cardiovascular risk predictor. **B**, CCTA can concurrently identify obstructive and nonobstructive atherosclerotic lesions. CX indicates circumflex; Equiv., equivalent; LAD, left anterior descending; LM, left main; RCA, right coronary artery.

Al-supported analyses for Coronary Artery Disease-Reporting and Data System 2.0, plaque volume quantification, and high-risk plaque feature detection are shown in Figure 2A through 2D.There are several highrisk plaque features that are important to consider for risk prediction, such as positive remodeling, low attenuation plaque, and the napkin-ring sign,<sup>22–24</sup> see Figure 2E and 2F.

### Echocardiography, CMR

Beyond atherosclerosis-based imaging, the relationship of ventricular structure and function with upstream risk factors is also important in CVD risk assessment, particularly for heart failure with preserved ejection fraction (HFpEF), which has a rapidly growing incidence and societal burden.<sup>25</sup> Although the diagnosis of heart failure with reduced ejection fraction has become largely standardized, the early identification and assessment of HFpEF on imaging has been more challenging. This latter concept has led to an effort to diagnose early diastolic dysfunction using both echocardiography and CMR<sup>26</sup> and to identify potential risk factors associated with this subclinical phenotype to help prevent progression to HFpEF.

Overall, coronary microvascular dysfunction, systemic vascular dysfunction, as well as skeletal muscle, renal, and adipose pathophysiology have all been thought to be notable pathways involved in HFpEF.<sup>25</sup> Speckle tracking echocardiographic measurement of global longitudinal strain and myocardial tissue characterization through

extracellular volume fraction by CMR may also be important sensitive tests of diastolic dysfunction and HFpEF risk assessment. Of note, CMR also has an important role in characterizing heart failure with midrange ejection fraction, which appears to share many phenotypic attributes, including diffuse fibrosis and hyperemic myocardial blood flow, with HFpEF.<sup>27</sup> Figure 3 shows an example of Al-based left ventricular function and volume assessment.

### **Nuclear Imaging**

Nuclear imaging techniques such as single positron emission CT and positron emission tomography have been the backbone of cardiac imaging and risk prediction for many decades, having the capability to accurately depict myocardial perfusion abnormalities related to coronary disease and microvascular dysfunction.<sup>28,29</sup> Myocardial perfusion is a powerful predictor of CVD events. The number of cardiac single positron emission CT and positron emission tomography studies performed annually in the United States still outnumbers the CMR and CCTA studies, being the most frequent and often first imaging test for noninvasive ischemia detection.<sup>30</sup>

# **MULTIMODALITY DATA FUSION**

Patient information, recorded from different data sources, such as genetic information, imaging data, ECG signals, and tabular EMR data, is often processed in isolation



Figure 2. Artificial intelligence (AI)-based algorithms for coronary evaluation and plaque burden quantification on coronary computed tomography angiography.

**A**, Al prototype for automated plaque detection, stenosis severity quantification, and Coronary Artery Disease-Reporting and Data System classification (HeartAl Siemens Healthineers). **B**, Plaque burden quantification and identification of high-risk plaque features (blue arrow) can be automated using Al approaches (Cleerly, Inc). **C**, shows an example of plaque component quantification (Elucid Bioimaging, Inc) and several imaging biomarkers of plaque vulnerability that may be used for cardiovascular disease (CVD) risk stratification, including low plaque attenuation (**D**), positive remodeling (**E**), and spotty calcifications (**F**).

from each other. Current focus is on integrating multiple sources in a single model, often termed as a fusion model, to build more comprehensive prediction models that outperform single-source models.

Data fusion has several advantages, such as increasing the accuracy of diagnosis, ease of interpretation, and summarizing and sharing information. Fusion modeling can be used in a multitude of cardiac applications, such as multiomics projects including data from genomics, radiomics and proteomics, prediction of drug efficacy, and drug interactions in addition to prognostication and risk stratification.

### **Clinical Use Cases**

Although fusion modeling is mostly used in a research setting, there are promising clinical scenarios.

### Scenario 1

With increasing options for cardiovascular diagnostics and therapy, a more personalized approach seems to yield better results. Fusion modeling will allow for an additive approach using patients' symptoms, demographics, and risk factors, known at first visit to the cardiologist, combined with later performed follow-up testing, such as ECG and CT imaging, see Figure 4. The combination of these features can subsequently be used to

predict, which course of treatment would benefit this specific patient the most and optimize the type of therapy prescribed. With new developments in medication, fusion modeling could be used to select the most optimal type of medication to get optimal results while reducing unnecessary therapy and procedures. This is especially relevant with novel expensive drug developments. Al can assist in the identification of novel drug targets, design and select new drug molecules with favorable drug properties, predict drug/target interaction, and assist in patient selection for clinical trials or creating virtual trials using existing databases.<sup>31</sup> An example is Biotech InSilico Medicine using AI to create the drug INS018-055 to help treat idiopathic pulmonary fibrosis, the first drug with both a novel Al-discovered target and Al-generated design currently undergoing phase 2 testing.

### Scenario 2

Fusion modeling can be used to create a digital twin for ablation procedures, as utilized by Siemens Healthineers. The combination of imaging, ECG, and electrophysiology mapping allows for anatomic and electrophysiology modeling of the cardiac substrate. With the combination of these multisource models, a digital twin can be created on which a personalized virtual ablation plan can be created and the most likely outcome can be visualized before the actual procedure



Figure 3. Cardiac magnetic resonance artificial intelligence-based algorithms for ventricular volume and function assessment can provide rapid and accurate analysis for cardiovascular risk prediction.

Images show automated cardiac chambers segmentation for left ventricle volumes and segmental contraction evaluation (Circle Cardiovascular Imaging, Inc).

to determine the most successful approach. During the procedure, the digital twin can help guide the procedure, see Figure 5.

# **Current Literature**

Fusion modeling has traditionally been performed through late, early, or middle fusion<sup>32</sup> (Figure 6). Amal et al<sup>33</sup> list many fusion models designed to improve care for patients

with CVD. Recently, graph mining frameworks have also been developed to fuse and analyze multimodal data,<sup>34-36</sup> where graph convolutional neural networks can jointly process multisource data to make predictions, see Figure 7. When facing missing data in certain modalities, generative models such as generative adversarial networks and deep diffusion networks have the potential to jointly enable cross-modality data imputation and downstream diagnosis/prognosis predictions. Research has also focused on



Figure 4. The use of demographics, risk factors, symptoms, and clinical risk scores can be combined with information from noninvasive imaging tests, such as coronary artery calcium (CAC) and Coronary Artery Disease-Reporting and Data System (CAD-RADS) to create a personalized treatment plan.

This includes medication that is predicted to be more beneficial to specific patients, personalized treatment goals, and follow-up schedules. ASA indicates aspirin; CAC, coronary artery calcium; CHD, coronary heart disease; CTA, computed tomography angiography; DM2, diabetes type 2; hx, helix; LDL-C, low-density lipoprotein cholesterol; Lp(a), lipoprotein(a); and RF, risk factor.



Figure 5. By using the computed tomography and magnetic resonance imaging images for segmentation and anatomic modeling and using ECG and electrophysiology mapping to create a digital twin of the heart, the combination of these data sources can be used to identify ablation target and plan out the procedure and visualize the outcomes before the procedure to identify the most optimal procedure strategy.

The virtual model can be integrated into the procedure to guide the actual procedure. Figure courtesy of Siemens Healthineers. EAM indicates electroanatomic mapping; EP, electrophysiology; and VT, ventricular tachycardia.

combining sequential information collected over multiple patient interactions with the health care system at varying time intervals. Complex representation learning techniques have been designed to fuse several structured data modalities that can be later used for CVD risk prediction.

In the field of cardiology, the term fusion modeling traditionally referred to AI models that combined clinical information such as age, comorbidities, etc with information extracted from imaging data. Motwani et al<sup>8</sup> investigated 25 clinical (age, sex, gender, risk factors, and Framingham risk score) and 44 CT parameters (seqment stenosis score, segment involvement score, modified Duke index, number of segments with plaques) for prognosis. They showed that a fusion AI approach exhibited higher areas under the curve (0.79) for predicting all-cause mortality compared with Framingham risk score (0.61) or CT-based scores alone (0.64). Betancur et al<sup>37</sup> fused clinical information with information extracted from single positron emission CT myocardial perfusion imaging for prediction of major adverse cardiac events, showing increased area under the curve for the fusion approach

compared with imaging only (0.81 versus 0.78). Al'Aref et al7 combined clinical factors with CAC score estimated from cardiac CT scans for estimating risk of obstructive CAD, with areas under the curve of 0.88 for fusion versus 0.87 for imaging and 0.77 for EMR data only. These models, while innovative, fall short of fusing imaging data directly with clinical information. Chaves et al<sup>38</sup> fused L3 slices from CT for body composition analysis, and known clinical risk factors through late fusion, for opportunistic screening for ischemic heart disease. They observed that fusion modeling outperforms single-modality models in terms of screening performance. Fusion models are not limited to EMR and imaging data. Experiments have been performed to expand the scope of fusion to include ECG signals, phonocardiograms, various wearable sensors, as well as genetic data. Li et al<sup>39</sup> combined visual features from ECG and phonocardiogram to improve the prediction of CVD. Zhao et al<sup>40</sup> combined EMR data with genetic features through late fusion for CVD event prediction. Ali et al<sup>41</sup> proposed a smart health care monitoring system for prediction of CVD that fuses EMR data with wearable



#### Figure 6. Traditional fusion modeling approaches; late fusion, early fusion, and middle fusion.

Late fusion methods can preserve the complete information of each data modality, but they cannot fully explore the interactions among data modalities. Early fusion methods, on the other hand, can potentially find complex cross-modality features but are often harder to properly supervise. In consequence, middle fusion methods offer a compromise; however, their designs are often ad hoc and require domain knowledge toward relations between the modalities.



#### Figure 7. Graph neural network for fusion modeling.

Different data elements may be used as node and edge feature vectors. Edge feature vectors of 2 samples are evaluated for similarity to decide an edge between the nodes corresponding to these 2 samples. Graph neural network learns updated node representations based on original node features, as well as edge structure formed based on edge features, hence, fusing the 2 data elements.

sensors like respiration rate sensor, an oxygen saturation sensor, a blood pressure sensor, a cholesterol level sensor, a glucose level sensor, a temperature sensor, an electromyography, ECG, and electroencephalogram sensor. Zhang et al<sup>42</sup> developed a screening tool to discriminate acute chest pain patients with cardiac cause from and noncardiac causes. They fused features from ECG, phonocardiograms, echocardiography, Holter monitors, and biological markers in an early fusion setting. Huang et al<sup>43</sup> used the latest graph convolutional neural network-based model to predict CAD using vascular biomarkers derived from fundus photographs by fusing imaging information with patient characteristics.

As with all AI modeling, it is essential to choose the right approach for the problem. It is essential to choose a model with the highest accuracy and the lowest complexity. Parameter selection will always be an important step to avoid overfitting of models.<sup>44</sup>

### Limitations of Manual Data Extraction

The extraction of EMR data and imaging-based biomarkers can be time and labor intensive. Because of this, only a few studies are performed using a combination of clinical and imaging data on select populations. In addition, the a priori selection of parameters greatly limits the information available and inherently introduces bias. By including only a select few biomarkers, the opportunity is missed to create a model that considers thousands of different parameters for detecting currently unknown patterns and identify novel prognostic variables. The use of a large number of variables also requires large populations in which this is investigated and validated. The labor intensity of creating these populations without automating the process is severely limiting fusion modeling. Manual extraction of data also suffers from interpretation errors and variability between institutes, hospitals, and countries. Automating the process using Al could be used to standardize the EMR and imaging

data extraction process, making it feasible to create large diverse populations with standardized biomarkers, allowing large-scale evaluation of patients with CVD using fusion modeling.

# AUTOMATED DATA EXTRACTION FOR FUSION INPUT

# Role of Natural Language Processing for EMR Data Processing

As health care databases are growing exponentially in size, more information is hidden in the form of free-flowing text such as clinical notes and radiology reports. The domain of natural language processing (NLP) is concerned with both the syntactic and semantic understanding of freeflowing text at multiple levels such as words, sentences, paragraphs, and documents. We refer the reader to the foundational book of NLP by Jurafsky<sup>45</sup> NLP can be used in different ways, to extract features that can be relevant for the model as a predictive factor or to extract reference labels from radiology reports for training AI algorithms without needing manual annotations. In addition, NLP can be used to mine data on drug properties and literature to optimize novel drug development.

### NLP Approaches for Cardiology

To provide an overview of the vast amount of literature, we will divide NLP models for cardiology into 2 categories: rule- and AI-based NLP algorithms.

Rule-based NLP algorithms have been generally used to extract information from large collections of documents, such as coronary catheterization reports, radiology reports, and clinical notes. Rule-based systems had been developed for extraction of coronary anatomy-related terms from clinical text, such as coronary catheterization reports, as early as 1998.<sup>46,47</sup> In early 2000, rule-based models were developed to extract useful information, including diagnoses of heart failure, chest pain,<sup>48</sup> and QT

prolongation<sup>49</sup> from EMR and ECG reports. Information extraction methods have gone beyond simple extraction to understanding relationships between extracted pieces of information from large repositories. Hamon et al<sup>50</sup> extracted relationships between pathologies and 22 000 risk factors from the Medline repository of research papers in 2010. Sophisticated concept extraction models, such as The Unified Medical Language System, MedTagger, and cTAKES<sup>51-54</sup> have been developed recently, which have been used for the extraction of clinical concepts from thousands of clinical notes.<sup>55,56</sup> However, rule-based techniques suffer from poor generalization capabilities, in addition to requiring input from domain experts to craft these rules. Rules defined for one data source may not be applicable to another data source. With no automatic method for updating or fine-tuning rule-based methods, the field of NLP started to shift toward statistical machine learning. Often, rule-based techniques were used to annotate a data set for training a statistical machine learning classifier resulting in a hybrid approach.57

Al-based NLP algorithms can be used to automatically label cases with a certain disease. More recently, deeplearning-based models are being applied for information extraction. Pandey et al<sup>58</sup> labeled CT reports with the presence or absence of radiological findings like aortic aneurysm or cardiomegaly using a deep-learning-based model. Datta et al<sup>59</sup> extracted complex relationships between radiological findings, their locations, and their characteristics. Instead of extracting relevant information for clinicians to process, Sung et al<sup>60</sup> created an Al-based NLP model to directly predict poor functional outcome among patients hospitalized after ischemic stroke using free text of CT reports and history of present illness from clinical notes.

Al-based NLP algorithms have been used to extract information from unstructured radiology reports for automated structured reporting. Tariq et al<sup>61</sup> developed a 1-dimensional convolutional neural network classifier to predict CAD-Reporting and Data System scores from unstructured reports of CCTA reports. Khrystyna et al<sup>62</sup> designed a weakly supervised system for CT report classification with disease labels covering several organs including liver and lungs. Hassanpour et al<sup>63</sup> designed a pattern mining-based Al-based NLP module to automate the process of converting free-flowing information contained in reports to structured information in welldesigned databases. All these data can be subsequently used in fusion models to add high-level image interpretation to the prediction models.

### Role of AI-Based Image Processing

The challenge of processing high-dimensional data such as medical images was first tackled by radiomics approaches, focused on extracting high-throughput quantitative features from medical images using statistical techniques like histograms and texture and fractal analysis.<sup>64</sup> Radiomics enables the quantification of image features like size, shape, heterogeneity, or repetitive patterns. Although the field of radiomics is promising, radiomic features are known to be subjective to interrater variability and often need manual identification of the region of interest.<sup>65</sup> Radiomics features have been widely used as input for AI models for downstream prediction tasks, including diagnosis.<sup>66,67</sup>

Deep learning greatly enhanced the capabilities of image processing by introducing learnable convolutional filtering, which allows models to learn spatial characteristics from images tailored to the downstream prediction tasks while keeping model complexity in check. The drawback of this approach is the requirement of large training data sets. This problem has been tackled by pretraining models on large public data sets like ImageNet.

We will divide deep-learning-based architectures into 3 categories: (1) segmentation models, (2) prediction (classification or regression) models, and (3) image generation models (Figure 8). Models of the first 2 categories have similar initial layers, that is, multiple convolution filtering layers, but differ in the design of their final layers and computation of loss for model training. Generative adversarial network is the most popular architecture of category 3. Litjens et al<sup>6</sup> provided a detailed overview of the applications of image processing in the cardiovascular imaging domain.

Segmentation of anatomic regions has been a wellknown barrier for the application of image processing on cardiovascular scans. Examples include semiautomated segmentation of right ventricle from short-axis CMR,<sup>68</sup> endocardial contouring for left ventricular volume and ejection fraction estimation from 3-dimensional transthoracic echocardiography,<sup>69</sup> and lumen vessel segmentation from contrast-enhanced imaging modalities for atherosclerotic plaque detection.<sup>70</sup> Deep learning model architectures like U-Net can perform tasks like CAC scoring<sup>71</sup> and left ventricle function estimation from CMR. Chen et al<sup>72</sup> provided a detailed survey of the latest segmentation techniques applied to CMR, CT, and echocardiography.

For many image processing models for cardiovascular images, the goal is categorical (classification) or numerical (regression) output prediction. For example, echocardiography has been used for direct classification of disease rather than left ventricular volume of ejection fraction estimation.<sup>73,74</sup> Other classification labels for echocardiography have included hypertrophic cardiomyopathy, cardiac amyloidosis (amyloid), pulmonary hypertension, presence of pacemaker, and wall motion abnormalities.<sup>75</sup> Automation of CAC from CCTA has been a popular target for prediction models.<sup>76</sup> AI-based CAC scoring has excellent agreement with human readers in a fraction of the time and as a result is being used clinically.<sup>77</sup> In addition, several companies have received Food and Drug Administration approval for AI-based plaque



Figure 8. Broad classes of image processing models for cardiac imaging studies with the main purpose of the following: (1) segmentation, (2) numerical prediction, and (3) image generation.

Depending on the purpose, convolutional neural networks consist out of convolutional and fully connected layers and are the current standard to process imaging data.

analysis, enabling plaque burden quantification, as well as the identification of different plaque compositions and high-risk plaque features.

Regression models may predict continuous value output such as left ventricular volume.<sup>78</sup> Model architecture is often similar for regression and classification, but different loss functions are used.

The scarcity of data with desired properties like a specific imaging modality (eg, CT or magnetic resonance) or image quality in terms of noise or contrast for training of complex deep learning-based image processing models has led to a vast amount of research in the generation of synthetic imaging data. The generative adversarial network is the most popular architecture for imaging data generation. Generative adversarial networks have been used to generate magnetic resonance images from available CT scans<sup>79</sup> and to reduce noise in low-dose CT scans.<sup>80</sup>

# LIMITATIONS AND CHALLENGES IN FUSION MODELING

### **Fusion Modeling**

Although studies have shown the benefit of combining clinical and imaging data for risk prediction and prognostication, fusion modeling is a nascent field. Each fusion model has its own strong and weak points, which makes them suitable for different types of problems and different types of data sets. Things that should be taken into consideration are different dimensionality of input data, the size of the data sets and number of features extracted, and the amount of missing data per input entry. With the increased interest in fusion modeling, new fusion methods are being developed continuously. Future studies should explore optimization of these fusion models and creating pipelines for the automated extraction of data from both EMR and imaging biomarkers. Interoperable pipelines will allow larger databases for fusion imaging, benefitting the development of more complex and accurate AI algorithms. In addition, it is important to address issues such as data quality and consistency, inappropriate model selection, and computational burden.

### **Bias and Generalizability in AI**

One of the major challenges with AI algorithms in medicine in general is the introduction of bias, which can be introduced during development and deployment.<sup>81</sup> The major forms of bias that are of concern include when the training data set does not reflect the clinical use population and when the reference labels are subject to inconsistencies. Data curation and labeling are subject to human bias and can introduce bias to the algorithm. Careful consideration should be made when considering data selection and reference labeling, including methodological approaches to avoid overfitting or underfitting and model evaluation metrics. Transparency about the chosen population and methodology is necessary to avoid adverse effects of nonintentional created biases.

# **Ethics**

As Al-based approaches are introduced into the clinical workflow, experts will have to consider who becomes responsible for the modeling outputs and the consequences thereof. Few autonomous AI applications in medicine have been introduced, most AI applications aim to assist clinical experts instead of fully taking over tasks. With AI implementation, it is essential to consider the ethical consequences of the use of AI and the impact it will have on patients and health care providers.

## **Clinical Implementation**

There are several challenges with fusion modeling/AI that limited clinical implementation. In addition to the issues mentioned above, workflow compatibility, reimbursement, and legal implications all hamper the clinical use of these AI models. There is little information on the efficiency of AI models and the effects on patient outcomes. In addition, a challenge specific to predictive and prognostic models is that they aim to improve patient outcomes by guiding treatment and intervention. This requires a specific type of performance assessment and algorithm maintenance to ensure consistency in the performance over time. Workflow integration, making sure the use of AI is time-efficient while giving accurate predictions, which are easily interpretable by the user is essential. Guidelines are needed to guide clinical implementation and ensure adequate use of AI in clinical practice.

# **Future Developments**

Fusion modeling is at the beginning stage for cardiovascular disease and has shown promising results for prognostication purposes. In the future it is expected that fusion modeling can play a larger role in the design of clinical trials, identifying patients' specific profiles for drug and therapy development. The concept of a health digital twin, encompassing both clinical and imaging data, could potentially allow more accurate phenotyping of individual patients with the same condition or presentation, using multiple clinical, imaging, molecular, and other variables to guide diagnosis and treatment. The next steps should focus on how these techniques can be implemented into clinical practice and fit into clinical workflow. Infrastructure for the technical implementation needs to be created in addition to a legal structure and user guidelines. For clinical adaption to happen, clinical trials that show that fusion modeling approaches are safe, efficient, and indeed improve patient care are needed.

# CONCLUSIONS

There is an urgent clinical need for computational models that can aggregate multiple heterogeneous streams of data to facilitate patient-centric care. The use of NLPand Al-based image analysis can facilitate the extraction of valuable information from free text and imaging data. The use of multimodal data fusion approaches allows for the combination of both clinical EMR and imaging data and can be used to drug development, optimize risk and outcome prediction, and create personalized treatment strategies. While the combination of multimodal data sources is not new, these novel Albased approaches greatly reduce the time and labor intensity making it possible to clinically implement the use of automated personalized multimodal cardiovascular risk prediction.

### **ARTICLE INFORMATION**

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